

PHYSIO WAVE WELLNESS

PROGRAMS: 92
AMPLITUDE: 0/13 mm
FREQUENCY:
 5 to 30 in 1 Hz increment
PROGRAMMABLE
VIBRATING PLATE SIZE:
 69 x 92 X 132 cm
BASE SIZE: 65 x 35 cm
DISPLAY: 7-inch, touch screen display
MAX USER WEIGHT: 150 kilos
MACHINE WEIGHT: 100 kilos
MOTORS: 1 motor AC 600W



MAIN FEATURES:

- On-screen, fast and easy guided program
- Personal Trainer: based on Training Objective and Body Part guides the user to select the specific exercise.
- Extensive exercise library for health and fitness.
- Exercise positions are displayed on-screen.
- Free Programming : new exercise protocols can be entered and stored with all exercise parameters (frequency, amplitude, exercise time, recovery time and number of repetitions).
- Run-Time Adjustment: parameters like frequency, working time, recovery time and cycle number can be adjusted while exercising.

PERSONAL TRAINER : NOVITA' 2009

PHYSIO WAVE : The WELLNESS version is the perfect model conceived for HOME USE for very demanding people. It is the ideal Oscillating Plate to carry out both Aesthetics and Fitness treatments but also satisfies Wellness and Beauty needs.

The neuro-mechanical vibration is extremely efficacious thanks to the effect produced on nearly all tissues and structures of the human body.

AREA	OBJECTIVE	MUSCULAR GROUP	Number of programs
WELLNESS	Warm up, relax, basic massage, extra massage	Quadriceps, Buttocks	20
BEAUTY	Heavy legs, capillarisation,	Quadriceps, Adductors, Buttocks, brachial biceps, dorsals	9
DRAINAGE	Level 1, Cavitation	Quadriceps, triceps, Adductors, femoral biceps, brachial biceps, dorsals	13
SLIMMING	Level 1, 2	Quadriceps, triceps, Adductors, femoral biceps, brachial biceps, dorsals	19
TONING	Level 1, 2, 3	Quadriceps, femoral biceps, triceps surale, Adductors, brachial biceps, dorsals	31